

For our residents and family members

Afternoon Delights

“Come enjoy an afternoon of getting in touch with your inner self”

Join us for our first Mini Day Spa on August 30, 2:00 pm to 4:30 pm

We would like to introduce you and yours to an afternoon of therapeutic touch and relaxation of your mind and body.

We wish to delight and educate you about how wonderful your body can feel with the right therapeutic touch by our Certified Massage Therapist. *(*Offering a complimentary mini hand and shoulder massages – please sign up in advance)*

Let us help you improve your inner glow as well as your outer glow with a mini facial by our Esthetician that’s on hand to discuss how and why nurturing your skin at any age is important. *(*Offering a complimentary mini facial – please sign up in advance)*

We want to take you away to our “Spa Sunrise on the 2nd floor” for an afternoon adventure.

DETAILS

Private in-house massages are available for future services – prices are \$45 for 35mins, \$65 for 60mins & \$105 for 90mins.

For any questions please contact your Director of Community Relations,

Jennifer Davis

310-899-1976

**SUNRISE**
SENIOR LIVING



Sunrise of Santa Monica

310-899-1976

1312 15th St., Santa Monica, CA

Call for care and service options.

**For more information and a FREE online newsletter, visit
www.sunriseseniorliving.com**